

AMAITHIYUM



AAROKIYAMUM

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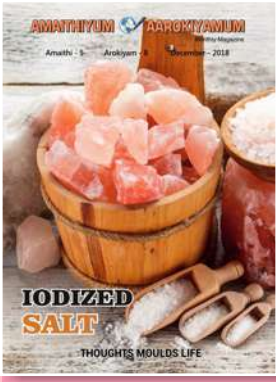
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**IODIZED
SALT**

THOUGHTS MOULDS LIFE





AMAITHIYUM AAROKIYAMUM

Monthly Magazine

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Dear Friends.

The press -printing of our monthly magazine Amaithiyum Arogyamum is going to be stopped for time being on account of some unavoidable reasons. But continuously our Magazine would be delivered you by means of social media like whatsapp, E-mail so you can receive.

It is easier to upload in the U tube after narrated about the respecting Topic, rather than writing an article according to the situation and circumstances. Also it reaches to public very soon.

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உதயன் பாலகார்

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IODIZED SALT



Healer Baskar, Founder
Anatomci Therapy Foundation

"If we eat the Iodized salt more there is changes of having coma and various diseases belong to the brain.

If we eat Iodine salt our spirit would release form the body.

Free flow if we eat such kind of salt our life would release soon. Nowadays the salt which is sold at the shops is the reason of 200 more diseases.

We can apprehend in this article elaborative how once how our traditional salt was and why it has been spoiled? As well how many diseases developed? More over again

how we can produce that traditional salt and use it.

In that course of time the British people allocated the Tax when our ancestors were producing the salt in India.

Our Gandhi ji protested against the British government to release the Tax on the salt. This is called salt protestation. Nowadays more chemicals are blended into the salt included Iodine which we use day to day life.

Hereby we have the salt protestation 2018 by the reason of preventing the people from so many

diseases.

What is called salt? Whatever ingredients would be inside of that salt? The salt would be contend of Sodium chloride, Sodium carbonate, Calcium chloride, Calcium sulphate Magnesium salphate also too more micro..... Out of this composition 94%of sodium, 2%of Calcium, 2% of magnesium, 2% of Nutritious are the good salt.



This is the original quality of the salt which is produced through the traditional methods. Generally the salt is driven from the bore wells and sea water. Bore -well which is organized towards the sea water and costal area is apt to produce the salt.

A liter of sea-water consist of 30 to 35 gram of salt has been dissolved, but the salt-water which is sucked from the Bore well is contend of 60 gram to 100 gram of salt is dissolved.

Only 25 gram of sodium chloride be in the sea water other

mineral salt would be 100 gram. The 2% of Magnesium shalphat in the salt is called dysentery salt.

The Magnesium shalphate is bended in the allopathic tablets and produced the dysentery tablets .So If there is Magnesium in the salt there is no chance of Constipation and hernia.

The Intestine would be so clean but nowadays there is no calcium and Magnesium in our salt.

The production of the Traditional salt Once upon a time our ancestors were producing the salt lest the perfection should spoil. Let we see how is that?

In the begging of the period Mostly the salt was manufactured from sea water. Later the salt -Manufacture is being processed by means of receiving the water from the Bore-well around 30km distance of sea-area.

Concerning Tut corn the salt manufacture is maintained from the Bore-well water. Because more salt is procured from the Bore-well water rather than the sea-water.

For Instance when one liter of sea-water us contend of 30 gram of salt. The bore-well water is contending of 60 to 100 gram of salt. We can

produce the salt only through the clay-soil .we cannot produce the salt from other soil.

The reason is that the clay-soil blocks the salt-water dissolve into the soil. Generally the 10 days time is required to produce the salt.

The arrays are developed in the clay-soil before the salt plough. Generally totally two parallel arrays are developed and the sea-water is left into the arrays. After the process of transforming the sea-water from male array to female array. There only the water gets the complete figure of salt.

The most important subject who should be noticed is that once upon a time the organized both male and female arrays paralleled and process the salt plough. There may be only two arrays .This is called Traditional salt-production .But nowadays they do not produce like that.

The Technology of salt Manufacture They mention in so many stages for promotion of the salt from sea-water. They calculate the different temperature of salt promotion through the measurement called Baume-Be.

For example how we measure the temperature of water as degree similarly we use the measurement

(Baume –Be).

Each and Every stage the salt –water is shifted to adjutant arrays. The salt water would be stored up to 3degree to 24 degree in the male array.

When the salt-water is increased to 24 degree to 29 degree. It is changed to the female array. The salt-water is cultivated through the sun-light actually the drinkable water is evaporable salt water is formed down.

The calcium carbonate is driven from the salt –water out of 3degree to 12 degree temperature. The salt which is relevant for adding in the food is received up to 24-29 degree.

Above 29 to 33 degree temperature of the salt like Magnesium chloride and Magnesium sulphate is received .It is called baby-salt.

The salt –water which is heated above the 29 degree is considered as the poisonous water so it is released away.



The salt –manufacturing area is called Uppalam. When the salt –water is stored up to 24 degree is called Trepan. Up to 24-29 degree of temperature of water storage is called Pathy. The salt is formed in this area. This is called natural salt-manufacture.

Actually the Gypsum is called Calcium sulphate is not driven before the 24 degree temperature only 80% of Gypsum is driven another 20% of Gypsum would be driven above the 24 degree salt-water.

Naturally the Calcium Magnesium chloride, Magnesium Sulphate is mingled with the salt on the duration before 29 degree.

Generally 7to 14 days of time is required to produce the salt. The salt would be delivered for the day to day usage after six month from the manufacture date.

The Production of Modern Salt When the Traditional Cultivation of Salt Production was there we had got the salt and more benefits. More alterations were done after started to export to the foreign countries. Actually the measurement of Sodium chloride was 94%, but the foreigner made the Stipulation that unless the Indian seller to enhance the percentage of the Sodium Chloride as 96% then

only they would purchase the salt. Our Government organized the arrays in accordance to the foreign customers. That amendment is making the arrays as 7:1 the male arrays are 7 parts the female parts are 1.

The sea water is irrigated to the male arrays first of all. They change to the female array after sometime. The percentage of sodium is increased but the quantity of minerals like calcium, magnesium is decreased. There is no any mistake in such kind of Salt manufacture, but the necessities of the vitamins are reduced.

The Calcium is helps to the growth and the strength of the bones. The sodium salt is helps to the blood-pressure. The Magnesium facilitates the wastage of our body and exposes outside smoothly. So the salt loses its originality because of the deficiency of the minerals in the salt.

Most of ancestors proverb is that “Gratitude lifelong the helpers” “The Salt less food is to the dust bin” are exaggerating the value of the salt.

Let us follow the ancient method of producing the salt through the parallel arrays. Let us advice others and make them to realize the value of the salt. During the time of rainy season the salt production would not

run, because the rain water would dissolve the salt. After the rain season over they would take the Gypsum from the Array. It is helpful to the cement manufacture. After the disposal of the GIPSUM they would irrigate the water in the Array.

The clay would have lost the tightness and it would become mud. After finished the rainy season they would harden the clay by way of spilling the salt water and stamping the clay soil. Approximately one week per day two times they would stamp the clay consecutively till it is hardened just like the cement floor. This work is called as the "Maintenance job" Thereafter the array would have been prepared for the salt production. They would drag the salt on the surface of the array which has formed at the ground.

Whether the iodized is a natural salt or artificial salt?

If I want to say only one line the iodized salt would cause effect to the body .It would bring more disease. It is too costly also. The Government also should stop this kind of salt in the usage. I register so strongly that this kind of iodized salt should not be in the usage.

The iodized salts generated by means of blending the chemical called potassium iodide with the composition of 1 ton: 50 gram. This is called the iodized mixed sodium salt (food salt).Because the chemical iodide is blended into the food salt artificially and the artificial salt Iodized is developed.

No harms would happen to the humanity out of the Natural products. No medication has found that such kind of diseases would develop if the human taste the Natural salt. They have not even confirmed that. When the facts are like that How the Government issue a law that we should not eat the Natural salt? Why we should not sale the Natural salt? For what, the total humanity should think about this? The total humanity has been slaved to the injustice by way of implementing the pressure that the hymen should consume only the Iodized salt. More over we would understand that the human rights have been stolen by means of the prohibition not to sell the Natural salt.

The practical truth is that the corporate people purchased the Politicians and threaten and develop the fear in public heart to purchase the salt. The ignorance of the public and desire of the politicians are the reason

of this stage. Would the humanity get the awareness? Really such kinds of laws are created on account of the foolishness of the public.

Generally they would measure the iodine through the measurement (PPM Parts per Million). Generally the scientists say that one person should need minimum 150micro gram iodine of micro neutrtrician .But there is no necessary to public that he should take that much of Nueotriicians. There is reason for that because according to the height, weight, hard work, temperature, circumstance the necessary of the human would differ.

Already I have explained elaborative through the taste therapy. Either watch through the video or books would help us to understand clearly. All those questions are baseless that how much neutrtrician a man should take? It is not necessary to eat calculative.

Government says that 15% of iodine should be in the salt. Because the iodine is sufficiently in all sorts of vegetables, fruits, and grains. That is enough .we is going to deal elaborative. There is a story which has been developed by the government in order to spoil the sales of the Natural salt that unless consume the iodine there

would be hygienic then only there would not be the chance of the disease.

The iodine is enough the people who live at the coastal area because the iodine is blended in the air. So those persons should not consume the iodine on the contrary if the consume they would have to undergo several disease. When the iodine is increased there is the chance of having the diseases like body swelling, neck pain, brainier diseases, and Thyroid diseases. Finally that is baseless argument that everyone should have the iodine.

There is some truth that the people who live at the cold areas should consume the iodine because there is the less amount of iodine in the air which blows at the cold area and the iodine deficiency would be even in the food.

Even at that cold area the fruits, vegetables and grains would have the sufficient iodine and by means of eating this vegetables the necessity of cold area living people would be fulfilled. This is the philosophy of Nature and God.

The nature organize the iodine in all sort of eatables surplus in agreeable to the necessary of the environment. As well as there would be less amount of iodine in the eatables

where it is not necessary. So it is more advisable to solve the deficiency of the iodine by way of eating concerning place of vegetables, grains, fruits and greens. I do not know why we have to add iodine in the food.

Generally the iodine is in all sort of food like Apple, grapes, mango, milk, butter milk, vegetables, potato, Califlower, soya, corn, pine apple and date fruit ,pepper. The iodine is sufficient even in the mother 'milk. All such kind of before mentioned food has sufficient iodine it is not necessary to take excess of iodine.

Since 2006 the Government introduced a scheme that everybody should use the iodine salt as per the instruction everybody forced to use iodine. What is the joke in this? A kilo of salt is purchased from the producers for Rs 50 paisa on 2018. A kilo of the potassium salt is blended with the salt which is sold for kilo up to 1,000 to 2,000.They blend the potassium salt in order to convert the sodium salt as the potassium iodine salt. This potassium iodide is imported from foreign countries. We do not know why they pay high cost for that potassium salt which is manufactured from a long distance.

The regrettable news is that we are losing the originality of our salt and pave the way for all sorts of diseases. Why should we buy the diseases in order to the foreigners should earn the profit?

The salt producers are producing the salt as genuine but the investors spreading the potassium iodide on the salt and take delivery. On account of the government instruction that the 15% of iodine salt should be mixed during the time of transport one place to another place. My wishes to the idiot minister who had implemented this order.

When one method is transporting the salt by means of spreading the potassium iodide on the salt another method is that using the mixer machine for changing the originality of the salt.

Generally the good quality of the salt would be evaporating ever; it means that every day it would lose the weight. But the iodide mixed salt would not lose the weight and it is profit to the merchants more over the genuine salt would be moisture Because of sucking the moisture from the air. But the iodide salt would not suck the moisture from the air Meanwhile this would be more beneficial to the

merchants for keeping the salt in the pocket for a long time. So please try to purchase the moisturized salt only, because that salt is the good salt.

Generally according to the government law there should be 15% of iodine in the salt but the dealers and the distributors are mixing more than 50ppm of iodine into the salt with a view that they can prevent lest the weight should reduce because it would take near about 3 to 6 months to reach the people.

When a person got the salt suddenly as soon as it is produced that salt would have been mixed with more iodine. Generally the iodine should not be more than 15 ppm. If it is increased that would cause more diseases. The iodine vitamin is required per day only 150ml gram. On account of the deficiency so many diseases like neck problem, brain retarded disease, the dysfunction of the thyroid, etc, etc...As well as the iodine salt is increased the above said diseases would happen again. This surplus of iodine would be apt to the proverb "Too surfeit of manna also becomes the poison.

Generally our kidney is exposing surplus amount of iodine even though the kidney failure persons cannot release more iodine by reason of this

the stored iodine changes as the poison. On account of this default there is chances of the diseases like vomit, incurable stomach pain and kidney failure.

The medical notes indicate that there is sufficient Potassium and iodine salt is in the plantain fruits. Similarly the pine-apple, eggs, fish, vegetables have more iodine. So absolutely it is the extreme level of foolishness that we can get the iodine through blend the salt.

There is the chance of iodine deficiency for the cold region persons there is no chance iodine deficiency to the hot living persons. When the excess of iodine becomes as poison there is more chance to undergo so many diseases like mouth burning, throat burning, stomach pain, vomit, fever, nervous problems and coma.

That is why they conceal the micro holes of the salt through the chemical particles as if the salt should stick with the hand and the salt particles should run away similar lest the salt holes should suck the moisture from the Air.

They are making the powder coat as if the salt should not appear outside, because of this concealment the salt is unable to suck the moisture

from the air and it rolls smoothly. They mingle the precipitated silica, the parbin wax along with the salt and sale.

It is really the culminate stage of the Government that it does not allow to sell the Natural salt and the non-adulterant salt. The free-flow salt is generated by way of mixing the poisonous salt potassium ferrosynayd. Licensing to mix the poison into the salt is really a dangerous one.

The free-flow salt means that separating the magnesium and calcium and retaining only the sodium .First of all try to understand that it is a useless salt. The salt will not suck the moisture from the air on account of the disappearance of the magnesium and calcium. So the salt are separable without stick each other.

They use the below mentioned 13 chemicals which would cause more danger to the humanity. One of these 13 chemicals is blended into the salt. Government sanctioned this. Any idiot would have advised to mingle 2% of the abovementioned chemicals .That is why the government is sanctioning.

13 chemicals

1. Dry calcium Pasiphae
2. Precipitated silica
3. Light basic magnesium carbonate
4. Magnesium sty rate

5. Sodium petro synod
6. Potassium per synod
7. Calcium per synod
8. Sodium silicate
9. Calcium silicate
10. Talcum powder
11. Aluminum silicate
12. Silicon die- oxide
13. Sodium alumina silicate

Hereby I request you that not to purchase the free-flow by way of understanding that there is absence of the Magnesium and calcium.

Purified salt

The public should understand that the Magnesium and sodium will not be in the purified salt. What do you mean the purified salt? When the calcium and magnesium are cleared by way of washing through the white calcium the 96% of sodium is increased to 98.5% it is called purified salt. When the magnesium and the calcium are separated through one of the above mentioned 13 chemicals is called free-flow salt.

Who they use the iodized salt above 35 years would get different kind of diseases. First of all stop to proud that the Tata salt is the Indian salt, because the foreign persons had made every body as the patients by reason of introducing the iodized salt.

When the iodized salt is mixed into the salt the calcium and

magnesium are evaporated .so we do not get the sufficient calcium and magnesium to our body. We would the calcium and magnesium also other minerals and vitamins for the hygienic and the growth of our body. Purposely they have mixed the iodine and spoiled the magnesium and calcium.

Thereafter they testify our physic and report us that there is the deficiency of calcium and magnesium in the body meanwhile they earn money through forcing us to take the tablets and medicine from them.

They mingle 50gram chemical called potassium iodide during the time of producing the salt. So there may be 50ppm of iodine inside the salt. This potassium iodide has the attitude of acting with the oxygen of the air. But within 6 months the quantity of iodine is started to reduce day by day. They mix the chemical called (Dextrose) in order to stop the evaporation of iodine for a long time.

Why they do not announce to public that consuming the iodine more than 15ml gram is dangerous in the salt? Should we pressurize the public unnecessary to add more iodine in the salt? Here by I advise that the Government should neglect mixing the iodine in the salt and implement the

production of the natural salt as war time urgency.

Ionized salt

Nowadays some foolish fellows have started to sell the ionized salt who they were spoiling the neutrality of the salt by the name of the Iodized salt. It means that they mix the iron in the salt and sell that. Even a country man would have known that we can get the iron vitamin either prepare the dorsa from iron pan or eat the date –fruit. But the educated men did not know.

Really it is too harm to mix the iron in the salt. So we should not purchase the ionized salt and we should stop from the public usage. It is advisable to stop the purchase of salt instead of blaming them not sell the ionized salt.

Double Fortified salt
When we blend only the iodine it is iodized salt and when we blend the iron it is called ionized salt. As well as when we blend both iron and the iodine it is called double fortified salt. They are selling the ordinary salt for the high cost by way of blending the rubbish things which was available for one rupee and fifty paise. The Government also accompanying to this .Those miscreant are selling this salt per kilo 10 to 20 rupees.

The double fortified salt entirely harm to the health. We should not use that. Mean while when we add another one salt along with the iron, iodine it is called Triple fortified salt.

The salt is bleached twice for releasing the magnesium and calcium it is called double refined salt. When it is bleached thrice it is called triple refined salt. The chemicals are used for these bleaching.

Vacuumed salt

We may see the printings in the pockets that it is vacuumed salt .The meaning of the vacuum are that it is manufactured without the sun-light. Directly flow the sea-water into the machine and converting as the salt is called vacuumed salt. The traditional salt I produced that irrigating the sea -water into the array of the ground and manufacture the salt through the soil.

Generally the vacuum salt production is going on the bay countries. They only develop the salt through the machine by directly sending the sea-water into the machine and convert as salt. As soon as the sea water entered into machine the existing air is evocated which is o the surface and

that vacuum place is filled up from the salt water. Likewise they exhaust the whole air gradually and the salt is manufactured.

Even though this kind of vacuum salt production is not bad to the health it would not be the best as hygienic as manufacturing through the sun light. More over if these kind of salt manufacturer are increased the life source of the traditional salt makers would be affected. How they call the agriculture as the plough as well as they call the salt making as the plough.

Mental development salt

I use to see some salt pockets the letter printing that the “mental development salt”. Entirely it is a false propaganda. When we use the high percentage of iodine mixed salt there is a chance of coma, paralytic attack, firkins, brain tumor, brain effect etc, etc....but they hide all these facts and say that it is good for the mental development.

Just read clearly what they have printed on the salt pocket. Energy-0 gallory, Fact 0, Harbo hydrate 0, protin-0 gram. This is a table that which is created by the idiots like who do not know that these above mentioned vitamins and minerals are not naturally in the salt



his kind of information are similar saying like there is no sugar in the Rasam and there is no salt in the payasam.

The sodium salt is mentioned as 37.07. According to the traditional salt has contained of the sodium is 94%. The 96% of sodium is consist in the foreign exported salt. That salt also being processed and increased as 98% of sodium. But they had mentioned only the 38.07 on the packet. Also the quantity of the iodine is mentioned above 15ppm.

What is the joke in this advertisement is that they would have mentioned unwanted ingredients and display 0% out of 100gram salt. But they would mention only the sodium as 38.07 percentages. Then what about another 67? They do not mention and nobody ask that. We purchase everything bluntly.

The central government has established one chemical research institute. So many scientists have been researching about the salts like iodine etc, etc...

Generally the natural salt gives us so many benefits. But they have banned under the section of adulterant food such natural salt as if we do not get. There is no any adulterous in the

salt then why they have blocked that.

The real adulterine is that unnecessarily mixing the iodine like salts and unnecessarily deletes the important nutrients from the salt. When the natural salt is only doing good to health then why they obstruct.

The researchers say that a man should need 2 gram of salt per day. The total calculation is wrong .because the requirement of the salt is concerning their height, weight, sex, working time, circumstance, and temperature, weather, and mind condition. A man may need either 7 gram of salt or 1gram of salt also.

The requirement of every man is changed day to day. This is truth. So it is a false advertisement that a man should eat only 2 gram of salt. Please neglect that. Please watch the video and hear the audio about the taste therapy .only our body should decide how much salt is required not particular measurement.

Let us see the difference between the sea-salt and the rock salt?

The rock salt is called Hindu salt. It is very good for health. So many persons are purchasing that. Really the fact is that the rock salt is not so well as the sea salt. Both have different attitude. The 94% sodium would be in



the sea salt but only the 96% of potassium would be in the rock salt. The quantity of sodium would be less in the rock salt.

First of all try to understand that why we use the salt? We use the salt in need of sodium, calcium, magnesium for the body. Thereafter only we use the salt in favor of the taste and the refrigeration. When I happened to hear that the rock salt is more beneficial than the sea salt I use to laugh.

Suppose a person has either potassium deficiency that would be beneficial to him, on the contrary when a person has the deficiency of sodium calcium or magnesium they should take only the seas-salt. Especially the rock salt is sold for kilo Rs 80 to 200.but the sea-salt is sold only for kilo 1rupee.why should we expense unnecessarily.

The rock salt is found at the mountains like Himalaya. We can get such kind of salt around our country. The rock salt is better .but I cannot say that the Hindu salt is better than the sea salt. It is more advisable to purchase the sea-salt instead of purchasing the rock-salt.

The rock salt is salt only for the persons who they had potassium deficiency after the physician suggestion.

Summary Let us see the changes whatever we do First of all we should neglect the method of 7:1 that 7male arrays and 1only one female array, instead of this we should cultivate through only one array. The public should avoid the iodine salt from the usage. The ministers and the officials should be punished strongly who they have not implemented this law. So far we have been explaining to the government .nut they have not heard our laments. So hereafter let us protest in a technical manner.

The public should not use the iron mixed iodine salt.

The vacuum salt should not be used. The refined salt should not be used. The mental development salt should not be used.

The free flow salt should not be used. Double fortified salt should not be used



If we pay and get the non-chemical salt only with 10% to 1 kg of salt which is sold at the sandy market in accordance to the market rate.

When we implement all these schemes the life source of the salt farmers would be increased. Meanwhile we should stop to purchase the salt from all corporate companies.

The calcium and magnesium which are available from the natural salt is a good medicine to our body. So the deficiency of calcium and the magnesium would have been solved. No disease only the health.

So I inaugurate the salt protestation 2018 and request the whole global persons to participate in this protestation. How you have been changed from the artificial refined oil to manual refinery oil, as well as we should change to the natural salt from the chemical salt.

I thank Mrs.Reha, who has helped me to know very elaborative details about the salt. She belongs to kannamangalm in vellore district. She only introduced mr.chandramohan through the Telephone. Mr.chandra mohan is a salt farmer .he has been cultivating the salt for a long time. He belongs to Tuticorin .he only sent me one video clip.



If you have any doubt regarding the salt please contact Mr.chandra Mohan: 9486490350

Endear friends

I want to inform you one important message is that I do not say that everyone should buy the salt from Mr.Chandra mohan. I say about the grievances to be solved from the salt cultivation. Generally as soon as I introduced one person you communicate that particular person and became the dealer i do not use to say like that .I want you to produce yourself whatever products. This is the infrastructure of the self-oriented life.



We are going to know and transfer all the artificial products as original and natural products. Suppose if you know please send the details.

Let grow the salt agriculture
Let the salt be reformed
Let the iodine be destroyed
Let the universe live..





ORIGINAL SANDAL

- Healer Baskar

The 90% of sandals are not genuine which we use from shops. All those are produced from the sac powder. In this article we are going to glance about how many sandals are there? How do they produce the counterfeit sandal? How we can get the original sandal?

Generally whatever sandal we buy from the shops are not original. They are sold by mixing the perfumes and cent. This is the fact. When we use this we have so many diseases.

We can classify the sandal into four types which are available at shops.

1. Which are produced from original sandal?
2. Which are produced from the pursuance tree?
3. Which are manufactured by mixing half pursuance saw powder and another half is the sac powder.

4. Which are produced from totally the sac powder?

Let us the process of the original sandal powder.

Actually one tone of sandal is cost of 10, 00,000 which I mentioned the estimation of February 2018.so we should understand that this estimation is changeable concerning to the time season. The make the sandal wood into pieces and Chile that. Then they put these sandal wood into the grinder and grind like the powder. Thereafter they sieve through the seveing machine then they hang into the cotton bag.

Likewise if we grind the 2kg of sandal log through the grinder we can get 16 kg of sandal powder. The value of 1kg sandal log is Rs 11,000.The grinding charge of this sandal is Rs 750.

In that course of time they had been having the sandal powder from the original sandal logs. Nowadays they drive from the branches, sticks of the sandal tree. Nowadays it is too difficult to get logs of the sandal and we would have to invest Rs.10, 000 to 20,000 for buying the sandal. We can produce the pure sandal through this process.



Now so many corporate companies have been involving in the process of sandal powder making. Whatever sandal powder is available at shops are only from these corporate. We would come to know the real cost of the sandal if we compare with the original sandal.

The only way to receive the original sandal log is we should buy as the sandal woods from the shop

directly otherwise we should receive the sandal woods from either our friends.

Nowadays they use to handle the pursue tree powder instead of the sandal powder because a ton of purasa wood is available for just Rs. 10,000.They make the purusa wood as many fragments and grind through the grinder.

Afterwards they promote to the next stage by mixing water. When we smell this powder there will be no smell. Thereafter the scent and color are artificially added with that purusa powder in order to appear as the original sandal.

The whole sandal making merchants are doing the same process for selling the sandal. This kind of sandal only is being used in all devotional temples. This sandal is available only for Rs.300.The persons who did not know about the original sandal are thinking that this is an original sandal.

This sandal would be layers just like the rice floor. If we do not add the scent and the perfume within a couple of day that would be blacken. So

please try to understand that the sandal is not original which we purchase from the shop.



Let us see the third category of sandal which is mixed by the sandal powder and sac powder. The companies which were producing sandal through adding the purusa wood powder have started to add one more ingredients for producing the sandal. Through this way they mingled half and half purasa powder and sac powder.

The forth method is created only through the sac powder by adding the scent and perfume. These types of sandal is sold in all temples and shops for just Rs.1. Some of the persons are producing the sandal powder by mixing the bazzi powder into the sac powder. This type of sandal would harm the total body.

Identifying the original sandal is very easy. When we rub the powder that should be like the rice floor on the contrary when it is like the clay it is not original that powder is a sac powder.

Purposely they have mixed both sac powder and the purasa powder not to be identified by the well known persons. It is very difficult to identify the original sandal. We believe because of its smell and fragrance.

Through this article we have known four types of sandal makings.

1. The sandal which is driven from the original sandal
3. The sandal which is made by both purasa wood and sac powder
4. The sandal which is made of fully by the sac powder

The most important information is that the sandal which is sold from palanimala is not an original sandal; most of the sandal powder is made from the sac powder.

The original sandal is not available at any place. Only the sandal which is made by purasa wood is available around the Madurai temple. Suppose if any one says that he gives the original sandal that would cost 10,000 to 20,000.

Having known so many details about the sandal we are in need of finding the salvation to that. Never use

to purchase the sandal from the temples or shops instead of that if you able to get the original sandal wood from the shops you purchase that.



merchants to sell only the original sandal. Do not sell the duplicate sandal. If you are selling the duplicate sandal continuously our future generation would be believing that the duplicate

If you able to get the sandal woods t from your friends or relatives you benefit that. Otherwise you can get sandal sticks or the sandal wood from the sarvodhaya and Kathy –craft. It is more advisable to use only the original woods even though it is too costly.

sandal only the original sandal. So it is very important to analyze everything and inform to the public.

I think that all our friends would have understood about the original sandal. I request the

I want to thank all my lovable friends who helped me to know more about the sandal. I do not publish their name because of their request .If some of our friends knew such valuable in formations please share to me.



THE TRADITIONAL TAMILAN

- Healer Baskar

Recently I have met a friend Mr.senthamlan. I surprised about him.

He has executed much good information to the society. The traditional education is one of his services watched the one of his video which is explaining about the Traditional education. When I heard that I came to know how to regularize the educational system.

We are thinking about the alternate education to regularize the educational system. But Mr.Senthamilan is speaking one step above us. So I request you to follow his speech.

I saw one video on the name of "Traditional Construction" through the YOU tube. He has explained very clear about the Construction. I have completed my B.E civil engineering at uthramerur, Chennai. Also I completed my B.E civil. But I shame about Senthamilan article about the construction, because there is no

communication in-between my civil education and the Traditional education which he explains. He has explained very Cleary how to construct the house without heavy expenditure.

He challenges that he would educate our children within two years if we send our children. So please watch more in order to know about the Traditional Construction.

He has educated so many solutions for women regular problems like the menstrual problems, pregnancy problems. So please watch his videos surely.

I watched another video is called "social welfare" He had spoken the valuable points about the politics. Politics means it is not only getting the votes and access the position. On the contrary it is area where every person working every minute to the public. I understood this and I want to say to the public.

I discussed along with Mr.Senthamilan concerning so many subjects. I agree with his dogmas and doctrine. He is the best. Even though there is some difference between his policy and my policy. Everybody would not have the same policy. If it is like that it means they are copying each other. Generally there may be contradiction in the political principle. We should take only the good things instead of measuring the percentage of the controversy. Even though there is some contradiction I support Mr.Senthamilan.

As soon as get his mobile number do not all of you start to meet him? I am so cautious to speak anybody on the You Tube. So please try to understand one thing is that it is not necessary to meet and communicate through the mobile that particular person whom I mentioned.

Even though I give you miss. Nalini's number. Even you don't make a call to that lady. Just you send a message to her whatsapp number that you want all Mr.Senthamilan's speech .you watch all those videos properly later you can decide whether you

should meet him or invite him to the function.

8 years before I was learning more even 24 hours. Since I started to teach public my education was stopped and now I just 10%of studies study. Another 90%of time is expensed through the teaching learn this much from that only 10% if I learn from the whole time I would learn more.

More over it is useless ever learning rather than we should teach somebody. Whoever knows the good things please share each other. All the evil makers are unified, but well wisher are not unified. This is the reason why this world is not progressing. I Appreciate Mr.Senthamilan 's service let him live a long life.

Some of the links which are available in Mr.Senthamilan's Article.

1. Traditional Education
2. The lad health
3. The speech of the traditional point of Chennai
4. The children health and Traditional Education

5. Health-
6. The methods of transferring the food as the medicine.
7. Finding the disease and treatment
8. Temperature, fever, health
9. Women health
10. The hygienic food
11. The organic breathe
12. The health of the eyes
13. The health of the old age
14. The natural pregnancy
15. The health of the mind
16. The inner freedom
17. The real freedom
18. self-health, Self-Realization, Social service
19. Return of the Dragon
20. The basic questions
21. The life source of the native
- 22...The health of the native
23. The permanent solution in agriculture
24. The freedom of the life
25. The freedom of the life
26. Agriculture
27. Traditional Agriculture
28. The questions of the Agriculture
29. The farm designing
30. ANERAI CELEBRATION

31. The speech of the anera function
32. The journey of the mustard
33. Thiruvana malai
34. Chidhambaram
35. Ramanatha puram
36. Thirunelveli
37. Kanyakumari
38. Nagrkoil
39. Travel towards the Thene
40. Shiva kasi
41. Coimbatore
42. Marubu kattumanam
43. The healthy food
44. The Tamilan who belongs to Natue
45. The belief of vekadan



“NATURAL DELIVERY”

There is a correction that on the 11th page of the February month magazine, we should read as we can get the baby through several kinds of Meditation



THE PRAYER CONGREGATION

- Healer Baskar

I had told you that Let us pray for the Third world war. So everybody communicating me and question me when would you start the prayer congregation. The time is so nearer.

I was thinking so that the prayer congregation is an event that is performed by a group of persons at a particular time. Actually that is truth but I say some new technique one step above to that level.

For an example when I say that we all can perform the prayer every day morning 9am is it possible to everybody? Though we all involve we cannot concentrate properly. We may see one good example to this. Generally the mother would be so busy in that particular time to send her child to school and her total concentration would be on sending the child to school.

Another person would have the schedule to sign in an important

document at his office. Similarly so many situations may be there. So the prayer congregation is not meaning that everybody should assemble together and pray particular time at particular place by chanting so many words. The prayer should be sensationally and potentially.

Hereafter we should pray heart fully whenever we feel like the educational system is failed, the society is polluted and the agricultural is not prosperous. We need not calculate the time and the day to pray whenever we can pray.

This article should be shared through the U tube, whatsapp, and all sort of media .when you share person to person that would be spread out throughout the world.

For an example when a person thinks to the prayer congregation on 11am the same time so many person of the world who are living at the different countries like Singapore,

japan, malaysia, south africa of the world also will be praying such particular time. When everybody started to do the prayer, millions of persons will be doing the prayer 24 hours of a day.

An another confliction is that when an Indian wants to pray 9am at morning the same time the time would be different in Africa or America. So time consistency would not convenient to all. Rather than a person may pray in accordance to his convenient any time any place.

The persons who do the evil activities do not do by calculating the time and sentimental beliefs. Smoking sciors and drinking the Léger is happening 24 hours of a day. These kinds of activities are happening 24 hours a day. When we understand this time inconsistency then we would know about the prayer congregation. Hereafter whoever wants the change to this universe you pray?

The prayer congregation is an imaginary subject which is in the mind level. When we are not able to say through the mouth we can pray through the mind. We can pray either opened eyes or closed eyes totally the prayer congregation means that we

register our life energy into this existence as words, feelings, and prints.

The prayer congregation is started at this movement; Let us pray from this movement.

The congregational prayer 1
Let the agriculture grow
Let the administration be reformed
Let the smile be appeared at the universal persons
Let the spirituality grow
Live the long life..

Congregational prayer 2

Let you live with the physical health, long life, abundant of property, high familiarity, with clairvoyance.
Live a long life.

Congregational prayer 3

I am myself love! I am myself compassion! I am myself peace! I am only the medicine of all disease am only the most powerful man who consist of all these power.

Only these above mentioned 3 congregational prayers are not the congregational prayer. Just I introduce only these three congregational prayers. Likewise you yourself can develop so many congregational prayers.

There is no any time limitation that one should pray only 5 minutes per day you may pray how long according to your time convenience whether one hour or ten hour. Especially the loafers who do not have the work can pray at least 10hours when you do not know what to do.

The persons who are reluctant of life on account of not having the power, money, popularity may involve in the Congregational prayer, because no money, no power, no fame is required for prayer.

Since this moment the prayer

congregation is started. You share to all global friends through the media like whatsapp, twitter etc, etc...whenever you share information you mention the word "let the congregational prayer" be grown. A well as when you meet some body and when you leave from somebody say the word let the Congregational prayer be grown...Beginning they would ask the question that why you should use this words. When you explain about the congregational prayer they would understand.

We can revolute this world without knife, blood, atom bombs, weapons also fame and money. Not

only would we live peacefully even our generation also would live happily. When we benefit the tender coconut from the coconut tree which has been grown by our ancestors similarly we should some shady trees and the congregational prayer n this earth.

The important information

I have not created any special whatsapp group for the congregational prayer. Somebody developed the whatsapp group and do some good deeds that they have and affection on me. Really I do not have any communication along with this group. Somebody do the good deeds and somebody do the bad deeds through the whatsapp.

Hereby my request is that if you want to start a group please start with your name and keep your profile picture. That is good.

Let the congregational prayer grow..



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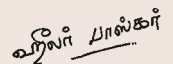
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With Regards

Thanks You...



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